### 2024 Aetna Medicare Advantage Plan Information

Thank you for your interest in applying for the Aetna Medicare Advantage plan. Below are links to the items which are part of the Enrollment Packet you would receive if we were to mail it to you. Please take note and make sure to review the information. You will be receiving an "Enrollment Verification Call" from Aetna within 7 days of the application receipt.

### Enrollment Packet – click links below to download and save documents

Star Rating: <u>HMO</u> / <u>PPO</u> **Online Application** 

Summary of Benefits: Preferred 380 / SmartFit 431 / Elite 007 / Value 001 / Eagle 330 / Value 010 / Choice 393 / Elite 009 / Extra Value 003 / Prime 008 / Preferred 380 / Choice 127 / Select 128 / Choice 379 / SmartFit 423 / Extra Value 149 / Value Plus 165 / SmartFit Elite 013 / Elite 006 /

Provider Search
Pharmacy Search
Formulary

### Initial Enrollment Period (IEP)

If you are new to Medicare, you can enroll during your Initial Enrollment Period (IEP); the three months before, the month of, and the three months after your Part B effective date. Once you have been enrolled in a Medicare Plan, you can only make changes during the Annual Enrollment Period (AEP). Please be aware of the AEP dates are now October 15<sup>th</sup> to December 7<sup>th</sup>. This will give you a January 1<sup>st</sup> effective date for your new plan.

### Annual Enrollment Period (AEP)

Applications must be signed and dated on, or between October 15<sup>th</sup> and December 7<sup>th</sup>. *If they are signed prior to October 15<sup>th</sup> they will be returned to you with a new application.* If they are received after December 7<sup>th</sup>, you will not be able to change plans until the next AEP for January of the following year.

### Special Enrollment Period (SEP)

There are a number of reasons for Special Enrollments; Loss of a job that provides benefits, death of a spouse who's plan provided benefits, moving to an area where your old plan is not available, etc...

Once you submit your application to us, we will review your application for completeness and accuracy before we submit it to the company. You may fax, upload, email or mail your application in to CDA Insurance:

**CDA Insurance LLC** 

PO Box 26540 Eugene, Oregon 97402 Secure File Upload: Click here

Fax: 1.541.284.2994 or 888.632.5470

Email: cs@cda-insurance.com

If you should have any questions on the application, please call a licensed insurance agent at 1.800.884.2343 or 1.541.434.9613. Our website: https://medicare-washington.com

Y0062\_MULTIPLAN\_CDA INSURANCE Washington 2024 (Pending)



# **2024 Summary of Benefits**

Aetna Medicare Preferred Plan (PPO) H5521 - 380



Here's a summary of the services we cover from January 1, 2024 through December 31, 2024. Keep in mind: This is just a summary. Need a complete list of what we cover and any limitations? Just visit <a href="Methodology: AetnaMedicare.com/H5521-380">AetnaMedicare.com/H5521-380</a> where you'll find the plan's <a href="Evidence of Coverage">Evidence of Coverage</a> (EOC). You may call us to request a copy.

# We're here to help

You may have questions as you read through this information. And that's OK — we're here to help.

### Not a member yet?

### Call 1-833-859-6031 (TTY: 711)

October 1-March 31: 8 AM to 8 PM, 7 days a week April 1-September 30: 8 AM to 8 PM,

Monday–Friday An Aetna® team member will answer your call.

### Already a member?

Call 1-833-570-6670 (TTY: 711)

8 AM to 8 PM, 7 days a week An Aetna team member will answer your call.



# Are you eligible to enroll?

To join Aetna Medicare Preferred Plan (PPO), you must:

- Be entitled to Medicare Part A
- Have Medicare Part B
- Live in the plan's service area, which includes the following counties: Washington: King, Kitsap, Lewis, Pierce, Skagit, Snohomish, Spokane, Thurston

## What you should know

- Plan type: Aetna Medicare Preferred Plan (PPO) is a PPO plan. This is a Medicare Advantage plan that covers prescription drugs. You can use in-network and out-of-network providers. You will typically pay more for out-of-network care.
- Primary Care Physician (PCP): You have the option to choose a PCP. We recommend choosing a PCP because when we know who your doctor is we can better support your care.
- Referrals: Aetna Medicare Preferred Plan (PPO) doesn't require a referral from a PCP to see a specialist. Keep in mind, some providers may require a recommendation or treatment plan from your doctor in order to see you.
- Prior authorizations: Your provider will work with us to get approval before you receive certain services or drugs.
- Contact information: To get more information about some benefits, please see the Contact quick reference chart at the end of this document.
- Provider directory: View your provider directory at <u>AetnaMedicare.com/H5521-380</u>.



# <u>Plan premium, deductible, and maximum</u> <u>out-of-pocket (MOOP)</u>



Out-of-pocket costs		
Monthly premium	\$0	
	You must continue to pay your Medicare Part B premium.	
Plan deductible	\$O	
МООР	\$6,900 for in-network services \$10,000 for in- and out-of-network services combined	
	Once you reach the maximum out-of-pocket, our plan pays 100% of covered medical services. Your premium and prescription drug costs don't count toward your MOOP.	

# Medical and hospital benefits



#### **Hospital coverage**

Benefit	Your in-network costs	Your out-of-network costs
Inpatient (unlimited number of days)	\$395 per day, days 1-5; \$0 per day, days 6-90; \$0 for additional days	50% per stay
Outpatient hospital observation services	\$395 per stay	50% per stay
Outpatient hospital	\$390	50%
Ambulatory surgical center	\$325	50%





### **Doctor visits**

Benefit	Your in-network costs	Your out-of-network costs
PCP	\$0	50%
Specialist	\$40	50%



### Preventive, emergency and urgent care

Benefit	Your in-network costs	Your out-of-network costs
Preventive care	\$0	0% - 50%
		0% for the pneumonia, influenza, Hepatitis B, and COVID-19 vaccines 50% for all other Medicare-covered preventive services
	For a full list of preventive services av services may have an associated cost	
Emergency and urgent care (inside the U.S.)	\$100 for emergency care \$50 for urgent care	\$100 for emergency care \$50 for urgent care
Emergency and urgent care, including ambulance (outside the U.S.)	\$100 for emergency care \$100 for urgent care \$275 for ambulance	\$100 for emergency care \$100 for urgent care \$275 for ambulance





**Diagnostic services, labs, imaging**Your doctor often needs approval from us before we cover these services. This is called **prior authorization** or pre-certification.

Benefit	Your in-network costs	Your out-of-network costs
Diagnostic tests and procedures	\$20	50%
Lab services	\$0	50%
Diagnostic radiology services, such as MRI	\$225	50%
Outpatient x-rays	\$0	50%



### **Hearing services**

Benefit	Your in-network costs	Your out-of-network costs
Diagnostic hearing exam	\$0	50%
Routine hearing exam	\$0	50%
	You get one routine hearing exam even NationsHearing network, or an out-of	ery year. You can visit a provider in the -network provider.
Hearing aids	You get an annual benefit amount (allowance) up to a maximum amount of \$2,000 per ear, every year. This benefit amount can only be used to purchase hearing aids through a NationsHearing network provider. If the cost is over the benefit amount, you pay the difference.	Not Covered





### **Dental services**

Benefit	Your in-network costs	Your out-of-network costs
Dental services	are responsible for any costs over this	omprehensive services combined. You amount. This benefit uses the Aetna of the from your medical network. You can bental PPO Network. However, lirectly so you won't have to pay the tement request - and you may save





### **Vision services**

Benefit	Your in-network costs	Your out-of-network costs
Diagnostic eye exam (includes diabetic eye exams)	\$0	50%
Glaucoma screening	\$0	50%
Routine eye exam	\$0	50%
	Our plan covers one exam every year	:
Contacts and eyeglasses	You get a vision eyewear benefit amount (allowance) up to \$165 every year for covered prescription eyewear. This eyewear benefit is set up as a yearly direct member reimbursement (DMR). You can use your benefit amount at any licensed vision provider in the U.S. However, if you see an EyeMed provider, they may provide a discount and automatically apply your benefit amount so you won't have to submit for reimbursement. If you see a provider outside of the network, you will have to pay at the time of service and then submit for reimbursement.	



### **Mental health services**

Benefit	Your in-network costs	Your out-of-network costs
Inpatient psychiatric hospital stay	\$385 per day, days 1-5; \$0 per day, days 6-90	50% per stay
Outpatient mental health therapy	\$40	50%
Outpatient psychiatric therapy	\$40	50%





### Skilled nursing facility (SNF) and therapy

Your doctor often needs approval from us before we cover these services. This is called **prior authorization** or pre-certification. Note: Members must meet the Centers for Medicare & Medicaid Services (CMS) criteria for medically necessary skilled care to be covered.

Benefit	Your in-network costs	Your out-of-network costs
SNF care	\$0 per day, days 1-20; \$196 per day, days 21-100	50% per stay
	Our plan covers up to 100 days per benefit period.	
Physical and speech therapy	\$20	50%
Occupational therapy	\$20	50%



### **Ambulance and routine transportation**

Your doctor often needs approval from us before we cover non-emergency air ambulance. This is called **prior authorization** or pre-certification.

Benefit	Your in-network costs	Your out-of-network costs
Ambulance (ground or air, one-way trip)	\$275	\$275
Routine, non-emergency transportation	Not Covered	Not Covered





### **Medicare Part B drugs**

Medicare Part B only covers certain medicines for certain conditions. These medicines are often given to you in your doctor's office. They can include things like vaccines, injections, and nebulizers, among others. They can also include medicines you take at home using special medical equipment. Your doctor often needs approval from us before we cover these services. This is called **prior authorization** or pre-certification.

Benefit	Your in-network costs	Your out-of-network costs
Chemotherapy drugs	0% - 20%  Minimum cost share ensures member cost sharing does not exceed the adjusted Medicare coinsurance for Part B rebatable drugs	50%
Other Part B drugs	0% - 20%  Minimum cost share ensures member cost sharing does not exceed the adjusted Medicare coinsurance for Part B rebatable drugs	50%



# **Medicare Part D drugs**



Medicare Part D covers a wide range of prescription drugs. They can include medicines you take every day for conditions like high blood pressure or diabetes.

### Prescription drugs (Your costs may be lower if you qualify for Extra Help)

B2: Some drugs require prior authorization. This means you must get approval Formulary name from us first before we'll cover it.

### **Deductible phase**

You'll pay the plan's negotiated drug cost up to the deductible limit.

The deductible applies to drugs on Tiers 3, 4, and 5 \$150

### **Initial coverage phase**

The plan will pay its share of the cost and you'll pay a copayment or coinsurance (your share of the cost) for each prescription filled until your total drug costs reach \$5,030. You pay the copay listed below or the cost of the drug, whichever is lower. These cost shares may also apply to home infusion drugs when obtained through your Part D benefit.

#### **One-month Supply**

Your share of the cost when you get a *one-month* supply of a covered Part D prescription drug:

	Preferred Retail	Standard Retail	Preferred Mail	Standard Mail	Standard Long-Term Care (LTC)
	30-day	30-day	30-day	30-day	31-day
Tier 1: Preferred Generic	\$0	\$5	\$0	\$5	\$5
Tier 2: Generic	\$0	\$10	\$0	\$10	\$10
Tier 3: Preferred Brand	\$47	\$47	\$47	\$47	\$47
Tier 4: Non-Preferred Drug	\$100	\$100	\$100	\$100	\$100
Tier 5: Specialty	30%	30%	30%	30%	30%

#### **Long-term Supply**

Your share of the cost when you get a *long-term* supply of a covered Part D prescription drug:

	Preferred Retail	Standard Retail	Preferred Mail	Standard Mail
	100-day	100-day	100-day	100-day
Tier 1: Preferred Generic	\$0	\$15	\$0	\$15
Tier 2: Generic	\$0	\$30	\$0	\$30
Tier 3: Preferred Brand	\$141	\$141	\$141	\$141
Tier 4: Non-Preferred Drug	\$300	\$300	\$300	\$300



	Preferred Retail	Standard Retail	Preferred Mail	Standard Mail
	100-day	100-day	100-day	100-day
Tier 5: Specialty	A long-ter	m supply is not a	vailable for drugs	on Tier 5.
Coverage gap phase Our plan offers additional cove costs reach \$8,000.	erage in the gap. This	s phase lasts unti	il your yearly out-c	of-pocket drug
	Preferred Retail	Standard Retail	Preferred Mail	Standard Mail
	30-day	30-day	30-day	30-day
Tier 1: Preferred Generic	\$0	\$5	\$0	\$5
Tier 2: Generic	\$0	\$10	\$0	\$10
All other brand name and generic drugs	25% of the plan's cost	25% of the plan's cost	25% of the plan's cost	25% of the plan's cost
Catastrophic coverage phase In this phase, the plan pays the		vered Part D dru	gs.	
Generic and brand name drugs	S	\$0		
Insulins and vaccines				
Important message about what vaccines	t you pay for Part D		s most vaccines at en't paid your ded	
Important message about what you pay for Part D insulins		supply of each i	more than \$35 for insulin product co what cost-sharing ou are in, even if yo e.	vered by our g tier it's on or

Check your formulary guide for a list of covered insulins and vaccines



# Other covered benefits



**Allowance cards** 

Benefit	
Aetna Medicare Payment Card	With this plan, you get an Aetna Medicare Payment Card. It will include:
· c.yc.	Medical Expense Wallet
	\$100 quarterly benefit amount (allowance) to pay for medical cost share expenses such as physician visits, lab work, and vision and hearing exams. It may also be used to pay for additional visits for a plan covered service that has a visit limit.  Over-the-counter (OTC) Wallet
	\$75 quarterly benefit amount (allowance) to purchase approved over-the-counter health and wellness products like first aid supplies, cold and allergy medicine, pain relievers, COVID-19 tests and more. You can find the list of approved items at <a href="AetnaMedicare.com/myotc">AetnaMedicare.com/myotc</a> or on the PayFlex member portal at <a href="payflex.com">payflex.com</a> . Approved items can be purchased online, in store, or by phone.
	We have partnered with Payflex to provide this benefit. Be sure to use the full benefit allowance amounts each quarter because any unused allowance amount will not roll over into the following quarter.



### **Complementary and alternative medicine (CAM)**

Benefit	Your in-network costs	Your out-of-network costs
Acupuncture	\$20 for Medicare-covered care \$20 for routine care	50% for Medicare-covered care 50% for routine care
		ces to treat chronic low back pain. For twelve visits every year as necessary to
Chiropractic care	\$15 for Medicare-covered care \$15 for routine care	50% for Medicare-covered care 50% for routine care
	Medicare coverage is limited to fixing a subluxation. This is when one or more of the bones in your spine move out of place. For routine services, walso cover up to twelve visits every year as necessary to meet your ndividual needs.	



Massage therapy	\$20	50%
	Therapeutic massage uses a variety reduce chronic muscle or joint pain. as necessary to meet your individual	We cover up to twelve visits every year
Naturopathic physician services	\$20	50%
		odern and traditional approaches with ethods of treatment. We cover up to 12 et your individual needs.



### **Diabetic supplies**

We cover blood glucose monitors and diabetic test strips from **OneTouch®/LifeScan. Keep in mind:** You'll pay more for other brands.

Benefit	Your in-network costs	Your out-of-network costs
Diabetic supplies	0% – 20%	0% – 20%
	0% for OneTouch/LifeScan supplies, including test strips, glucose monitors, solutions, lancets and lancing devices 20% for non-OneTouch/LifeScan supplies, including test strips, glucose monitors, solutions, lancets and lancing devices (prior authorization may be required)	O% for OneTouch/LifeScan supplies, including test strips, glucose monitors, solutions, lancets and lancing devices 20% for non-OneTouch/LifeScan supplies, including test strips, glucose monitors, solutions, lancets and lancing devices (prior authorization may be required)





#### **Fitness program**

#### **Benefit**

#### Your costs in our plan

### Physical and memory fitness

\$0

You're eligible for a basic membership at SilverSneakers participating facilities. If you prefer to exercise at home, you can also access online classes or get an at-home fitness kit. This membership also includes classes and workshops taught by instructors trained in senior fitness. workout videos, a mobile app, and online fitness nutrition tips. You will also have access to online enrichment classes to support your health and wellness, as well as your mental fitness.

Fitness allowance: You also get a direct member reimbursement (DMR) allowance of \$800 per year. You can be reimbursed toward:

- · Fees paid for aerobic/fitness activities or membership fees to a qualified fitness club that does not participate with SilverSneakers.
- Activity fees such as pickleball fees, golf green fees, ski/lift passes and fees, National and State park fees, bowling, yoga, stretching, dance classes, and fees associated with extra features at SilverSneakers facilities.
- · Activity supplies such as camping tents, hiking poles, and fishing
- · Weights and fitness supplies such as exercise peddlers, yoga mats, exercise bands.
- · Wearable items such as athletic shoes and tracking devices.

This is a direct member fitness reimbursement (DMR) benefit. That means you pay up front for qualified fitness services/activities and submit for reimbursement.

You'll also have access to BrainHQ, an online memory fitness program. It contains brain exercises and assessments, as well as a library of information on activities that contribute to brain health. You can log in and use BrainHQ from your internet-connected computer, tablet, or smartphone (or all three) on a schedule that works best for you.





### Foot care (podiatry services)

Benefit	Your in-network costs	Your out-of-network costs
Foot exams and treatment	\$40 for Medicare-covered care	50% for Medicare-covered care



### **Home care and support**

Your doctor often needs approval from us before we cover these services. This is called **prior authorization** or pre-certification.

Benefit	Your in-network costs	Your out-of-network costs
Home health care	\$0	50%
Meals	Inpatient Acute Hospital, Inpatient Ps	days after you're discharged from an ychiatric Hospital or Skilled Nursing htacted by NationsMarket to schedule



### Medical equipment and supplies

Benefit	Your in-network costs	Your out-of-network costs
Durable medical equipment (DME), like CPAP* machines, wheelchairs and oxygen	20%	50%
Prosthetics, such as braces and artificial limbs	20%	50%

<sup>\*</sup>CPAP stands for "continuous positive airway pressure."





### **Resources For Living®**

Benefit	
Resources For Living	Resources For Living helps connect you to resources in your community such as senior housing, adult daycare, meal subsidies, community activities and more.



### **Substance abuse**

Your doctor may need approval from us before we cover these services. This is called prior authorization or pre-certification.

Benefit	Your in-network costs	Your out-of-network costs
Outpatient substance abuse therapy	\$40	50%



#### Visitor/travel benefit

Plan rules continue to apply. **Prior authorizations** are required for certain services.

Benefit		
Visitor/travel program: Explorer	Allows you to remain in your plan for up to 12 months when you are outside our plan's service area.	
	You can see an Aetna Medicare participating provider anywhere in the United States who accepts PPO members and pay in-network cost shares. Not all providers participate in the multi-state network. You also have the option of seeing a non-participating provider and paying the out-of-network cost for the visit. Contact us for help finding a participating provider in the area you're traveling to.	



### **24-Hour Nurse Line**

Talk to a registered nurse anytime, day or night.

Benefit	Your costs in our plan	
Nurse Line	\$O	



# **Contact quick reference**

Contact name	Phone number (TTY: 711)	Website
Aetna: Before you enroll	1-833-859-6031	<u>AetnaMedicare.com</u>
Aetna: After you enroll	Member Services: <b>1-833-570-6670</b>	AetnaMedicare.com/H5521-380
Your agent/broker (use this space to write down your agent/broker's phone number)		
Find a network doctor, hospital, or pharmacy	1-833-570-6670	AetnaMedicare.com/findprovider
24-Hour Nurse Line	1-855-493-7019	Please call
Aetna (dental)	1-833-570-6670	AetnaMedicare.com/dental
Aetna Medicare Payment Card	1-833-570-6670	<u>payflex.com</u>
BrainHQ (memory fitness)	1-888-845-0565 (TTY: 711)	Aetna.BrainHQ.com
EyeMed (vision)	1-844-486-3485 (TTY: 711)	<u>AetnaMedicareVision.com</u>
NationsHearing	1-877-225-0137 (TTY: 711 for the hearing and speech impaired)	Aetna.NationsBenefits.com/Hearing
OneTouch/LifeScan	1-877-764-5390 Brochure code: 123AET200	OneTouch.orderpoints.com
SilverSneakers	1-888-423-4632 (TTY/TDD: 711)	SilverSneakers.com

Aetna, CVS Pharmacy® and MinuteClinic, LLC (which either operates or provides certain management support services to MinuteClinic-branded walk-in clinics) are part of the CVS Health family of companies.

Aetna Medicare is a HMO, PPO plan with a Medicare contract. Our D-SNPs also have contracts with State Medicaid programs. Enrollment in our plans depends on contract renewal.

See *Evidence of Coverage* for a complete description of plan benefits, exclusions, limitations and conditions of coverage. Plan features and availability may vary by service area.

Out-of-network/non-contracted providers are under no obligation to treat plan members, except in emergency situations. Please call our member services number or see your *Evidence of Coverage* for more information, including the cost sharing that applies to out-of-network services.

The formulary and/or pharmacy network may change at any time. You will receive notice when necessary.

The Aetna Medicare pharmacy network includes limited lower cost, preferred pharmacies in: Suburban Arizona, Suburban Illinois, Urban Kansas, Rural Michigan, Urban Michigan, Urban Missouri, Rural North Dakota and Suburban West Virginia. The lower costs advertised in our plan materials for these pharmacies may not be available at the pharmacy you use. For up-to-date information about our network pharmacies, including whether there are any lower-cost preferred pharmacies in your area, members please call the number on your ID card, non-members please call 1-833-859-6031 (TTY: 711) or consult the online pharmacy directory at <a href="AetnaMedicare.com/findpharmacy">AetnaMedicare.com/findpharmacy</a>.

For mail order, you can get prescription drugs shipped to your home through the network mail-order delivery program. Typically, mail-order drugs arrive within 10 days. You can call 1-833-570-6670 (TTY: 711) 8 AM to 8 PM, 7 days a week if you do not receive your mail-order drugs within this timeframe. Members may have the option to sign up for automated mail-order delivery.

Participating health care providers are independent contractors and are neither agents nor employees of Aetna. The availability of any particular provider cannot be guaranteed, and provider network composition is subject to change.

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To send a complaint to Aetna, call the Plan or the number on your member ID card. To send a complaint to Medicare, call 1-800-MEDICARE (TTY users should call 1-877-486-2048), 24 hours a day/7 days a week. If your complaint involves a broker or agent, be sure to include the name of the person when filing your grievance.

Resources For Living is the brand name used for products and services offered through the Aetna group of subsidiary companies.

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